



THE GRAND HOTEL  
HEALTH &  
WELLNESS

*You're Invited!*  
*Health Club Coffee Morning*

Wednesday 6th May 2026, 10am – 12pm  
Drawing Room



Free to attend - charitable donations to KSS Air Ambulance  
(Elite Hotels' Charity of the Year) are warmly welcomed.

For more information, please speak to the Health Club Reception.



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